

# Orem Seminar -- April 2008

## Training on the Mui Fa Jong

Saturday, April 26th.

SLT - 11:00 am - 2:00 pm \$80  
(Must Bring a 2'x 4'x 8' to the SLT portion)

CK 4:00 pm - 7:00 pm \$85

BG/MYJ 5:00 pm - 8:00 pm \$110

## Build Your Own Mui Fa Jong!

Friday, April 25th, 6:30 pm.

\*Free - Bring Your Own Materials

Saturday, **April 18th** at 7:30 pm we will meet at Lowe's to look at the different options. This is for those who want to see firsthand what their options are before they commit.

Of the options listed below, you will need 1 base, 1 type of pile (enough material for 6), and fasteners and/or adhesive to match.

Sifu will gladly answer any questions anyone may have about making exactly what they want.

Base 4' x 4'			
		Notes	Price
<b>Subfloor 1/2", 5/8" thick</b>	Comes in 4' x 8' sheets at Lowe's or Home Depot. All of the following 4x8's may be split with a friend, you can have them cut it in 1/2 for you for free at the store.	Recommended as strongest although maybe not best looks	6.50-10.00 for 4' x 8'
<b>Plywood 1/2", 3/4"</b>	Also comes in 4' x 8' sheets at Lowe's or Home Depot. Available as 4' x 4' at Lowe's.	Ranges Low to High - Fir (regular) to Birch and Oak (beautiful)	12.50 - 18.50 for 4' x 8' fir 40.00 - 50.00 for 4' x 8' birch and oak
<b>Particle board 1/2", 3/4"</b>	Also comes in 4' x 8' sheets at Lowe's or Home Depot. Available as 4' x 4' at Lowe's.	Not as strong, but it will work	9.50 - 11.50 for 4' x 4' at Lowe's
<b>MDF 1/2", 3/4"</b>	Comes in 4' x 8' sheets at Lowe's or Home Depot.	Stronger than particle board	20.50 - 28.00 at Lowe's

6 Piles			
		Notes	Price
<b>Bricks ~ 6" x 6" x 2"</b> Lowe's		Least expensive and will provide feedback	1.50 each
<b>Bricks 8" x 9" x 4"</b> Lowe's Country Side Wall	Can stack them 2 high and glue or mortar them together.	Recommended for quality and ease	2.50 each
<b>Paint cans</b> Sherwin Williams (across from Tong)	May be filled with plaster or cement after construction	Non-traditional, but actually quite convenient and uniform	3.60 each
<b>PVC 6 - 7" diameter</b> , only available at specialized store	Will need 2 end caps per pile	Only available at specialized store	???
<b>4" x 4" x 8"</b> Cheaper at Home Depot	May use single 4 x 4 for economy or may glue 4 together to create 7" x 7" piles	Recommended for ease cutting and leveling	4.25 - 5.00 each (depending on reg or treated)
<b>Railroad Ties</b> at Walmart ~ 8' long		Difficult to cut and level	15.00 each
<b>6" x 6" x 8"</b> About the same at Lowe's and Home Depot		Difficult to cut and level	23.00 each - only comes in treated
<b>Logs milled 5" - 7" diameter</b> Available at Mountain Valley Log and Lumber 133 S Main St Heber, UT	Will cut in 1' lengths for you (give or take)	Difficult to cut and level, but certainly the most traditional option	16.00-38.00

Adhesives and/or Fasteners		
	Notes	Price
<b>Liquid Nails</b>	Recommended for bricks. May be used with any of the other pile options in addition to fasteners.	1.57 per can (1 is)
<b>Loc Tight Construction Adhesive</b>	Recommended for bricks. May be used with any of the other pile options in addition to fasteners.	2.97 per can
<b>Silicon</b>	May be used with any of the wood piles in addition to fasteners.	6.00 per can
<b>Wood Glue</b>	May be used with any of the wood piles in addition to fasteners.	5.00 16 oz.
<b>Nuts and Bolts</b>	Used with paint cans and PVC. Will need to double the base, to avoid counter-sink holes that weaken the base.	0.40 per set
<b>Nails</b>	May be used with any of the wood piles.	Fairly inexpensive
<b>Grabbers</b>	May be used with any of the wood piles.	5.00 - 6.50 per lb. Dry wall or Exterior (sturdier)
<b>Lag Screws</b>	May be used with any of the wood piles. Will need to double the base, to avoid counter-sink holes that weaken the base.	minimum 5" x 3/8" or 5/16"